



Sewing Instructions: First time sewers, please do not attach fabric to these sheets and do not put thread in your machine. Practice each rectangle with your quick tip, starting with the needle down at each corner and lifting the sewing foot, turning your paper at each corner until you reach the end. Add fabric to your paper and thread your machine, back to the start line and needle down, repeat what you did before and when you get to the end, pull your sheet out and cut your threads; make sure that you cut the threads long, cutting to short may cause your machine to become un-threaded. Do this at each rectangle, it teaches you to always cut your threads long. I have created a continual rectangle so that you can also practice sewing continually. Have fun sewing and remember that practice does make perfect!